

2018-2019 Keytesville Athletic Handbook

Mr. Joshua Shoemaker, Superintendent

Mr. Chad Hall, Principal

Mr. Michael Draper - Athletic Director

Mrs. Kristi Varner	- Assistant Varsity Girls' Softball
Mr. Michael Draper	- Varsity Girls' and Boys' Basketball - Jr. High Girls' and Boys' Basketball
Mrs. Allison Dady	- Assistant Varsity Girls'/Boys' Basketball
Mrs. Delinda Meyer	- Assistant Jr. High Girls'/ Boys Basketball - Varsity and Jr. High Cheerleading Coach
Mr. Scott Singleton	- Varsity Baseball
Mr. Michael Mountain	- Assistant Varsity Baseball
Mr. Pam Weimer	- Jr. High Girls' and Boys' Track - Varsity Girls' and Boys' Track

The following packet is provided to the athlete and his or her parents/guardians for their understanding of the rules and regulations of the Missouri State High School Activities Association and the Keytesville R-III School District for participation in athletics. It is the belief of the coaches and the administration of the Keytesville R-III School District that it is a privilege to participate in high school athletics, and that it is necessary to set certain guidelines. To ensure a better understanding between the school and parents/guardians, the following information should be read.

PART 1: How to Protect Your Eligibility for High School Athletics

A definition by the Missouri State High School Activities Association as to why eligibility rules are important.

PART 2: MSHSAA Eligibility Rules/Regulations and Bylaws

Rules, regulations, and By-Laws set by the state association must be followed by the school district, as the state association is the governing body for all high school activities.

PART 3: Keytesville R-III Training Rules Athletic Guidelines

Rules set up by the coaches and administration at Keytesville R-III Public Schools.

PART 4: Standards of Eligibility for Athletics in the CLAA Conference

PART 5: Cheerleading

PART 6: Athletic Contract

Revised 07/5/16

The Keytesville R-III School District does not discriminate on the basis of race, color, national origin, sex, disability or age in its programs and activities. The following person has been designated to handle inquiries regarding the nondiscrimination policies;
Josh Shoemaker, Superintendent
Keytesville R-III Schools
27247 Highway 5
Keytesville, Missouri 65261-2401

PART I

MISSOURI STATE HIGH SCHOOL ACTIVITIES ASSOCIATION HOW TO PROTECT YOUR ELIGIBILITY

Eligibility standards were not developed by chance. All of the eligibility rules of the MSHSAA have been voted on by its member schools. They have been developed gradually over a period of years by necessity to protect the welfare of youth and to ensure that school athletics provide experiences of educational value to students. Only when the primary purpose of interschool athletics is to provide such experiences, and only when they are administered in such manner that these experiences contribute to the education of youth, can they be justified as a part of the total school program.

Eligibility to participate in athletic contests between schools is a privilege, which is attained by meeting the standards cooperatively set for that purpose by vote of the schools, which are members of the Missouri State High School Activities Association (MSHSAA), of which Keytesville R-III School District is one. In addition, the school has set other standards, which must be met. Eligibility is not a right that a student has by law; precedent-setting legal cases have established the fact that only by meeting the standards contained in the rules of eligibility can one achieve the privilege of representing his/her school in athletic competition with other schools.

When the school district became a member of the Missouri State High School Activities Association, it adopted the eligibility standards of the Association as its own. However, it has a right to set any additional standards of eligibility that are considered wise. A coach can adopt any training rules that he/she deems desirable for the best interest of individual players and his/her team so long as they are not in violation of the policies of his/her local school administration and Board of Education.

The purpose of this handbook is to help you protect your eligibility by knowing the eligibility standards. Most cases of ineligibility are a result of students not knowing the rules of eligibility or disregarding these standards with the hope that no one will discover that they have been violated. The standards of the Missouri State High School Activities Association are explained in the following paragraphs so that you will understand them and by abiding by them make sure you are eligible to enjoy a privilege that is cherished by thousands of your fellow students. Only by abiding by all of these standards can a student be eligible to take part in interschool athletics along with thousands of other students in the state.

PART 2

MSHSAA ELIGIBILITY RULES

1. The student must be a creditable high school citizen. A creditable school citizen is one whose conduct in and out of school is such that will not reflect discredit upon himself/herself or his/her school.
2. In order to participate in high school athletics, the student must be enrolled in courses that offer two and one half units of credit, and the student must have earned two and one half units of credit the preceding semester in which he/she was in attendance in grades 9-12. If the student is a special education student, he/she must be enrolled in a full course at his/her level in a public school special education program, which is approved by the Missouri State Department of Education, and the student must have made standard progress for his/her level the preceding semester. Credits earned or completed after the close of the semester will not count as having been earned the preceding semester.

A junior high school student (7th and 8th grades) must be enrolled in a normal course for his/her grade and must have been promoted to a higher grade at the close of the previous year. He/She shall be ineligible when he/she has failed more than two (2) scheduled courses the preceding semester regardless of whether he/she has been promoted. This standard also applies to beginning ninth (9th) grade students.

3. The student cannot compete in any sport for more than four seasons or in any but the first eight (8) semesters that he/she is enrolled in high school including special education. The eighth (8th) semester must follow immediately the seventh (7th) semester. Any part of a game played counts as a season or semester of participation. A student granted an Early Release after his/her junior year is no longer eligible.

A junior high school student is eligible for only the first two semesters in each of the seventh (7th) and eighth (8th) grades including special education. If the student is enrolled in the seventh (7th) or eighth (8th) grade, he/she is not eligible to compete with or against students in the tenth (10th) grade or above.

4. The student must enter school within the first eleven (11) days of the semester to be eligible to play that semester.
5. The student must not accept an award for competing in any high school sport except the award given by the school. These can be in the form of letters or medals. Neither shall the student compete for or accept from any out-of-school organization, for competing in a summer sport, any award other than a letter, medal or trophy. Accepting any expenses because of the athletic event, try-out camp, or athletic training camp will make the student ineligible. However, the school may provide the expenses for attending an athletic game, if such is provided for the entire team or squad.
6. A high school student who reaches his/her 19th birthday prior to July 1 will be ineligible for further competition. To be eligible for junior high school competition against teams or individuals in each particular grade classification, the student shall not have reached the following age prior to July 1: grade seven (7) - 14; grade eight (8) - 15; grade nine (9) - 16. However, the student may participate with the next higher grade when he/she no longer meets the age standard for his/her grade.

7. Playing under an assumed or false name will make the student ineligible.
8. Five (5) days in advance of the date of each contest in which the student is to play, the principal must certify the student's name, on a standard form, to the opposing school.
9. The student is eligible to represent only the public high school in the district in which his/her parents/guardians reside, a boarding school where he/she lives in a dormitory, or a private or parochial school to which he/she commutes daily from the home of his/her parents/guardians. If the student transfers to another school, he/she is ineligible for one (1) calendar year unless there is a corresponding change of residence of his/her parents/guardians, or unless he/she meets other exceptions to this rule. Always check with the principal before transferring to determine whether it will affect eligibility.
10. A high school student will not be eligible for further competition after graduation from a four (4) year high school or after being granted an Early Release.
11. A ninth (9th) grade student who has been promoted to the senior high squad and participates in a contest in any sport in which students above the ninth (9th) grade also play will not be eligible for further competition against seventh (7th) and eighth (8th) grade students in that sport.
12. If the student competes at any time as, with, or against a junior college or senior college team, he/she is no longer eligible for high school competition.
13. After representing a school in basketball or football, an athlete cannot compete in non-school competition in that sport at any time unless he/she has been officially dropped from the school squad by his/her coach for other than disciplinary reasons.

After once representing his/her school in track or wrestling, a student cannot compete in non school competition in that sport during the school year. He/She may compete in these sports during the summer provided he/she does not violate the award rule by competing for or accepting any type of cash or merchandise award. This would make him/her ineligible in all sports.

In all other MSHSAA recognized sports (sports in which the MSHSAA sponsors district and/or state tournaments), a student may compete in non school competition in these sports during the school year provided:

- a. It is not during a school sport season in which he/she is representing his/her school in the same or another sport. A sport season is defined as the period between the school's first and last contest in that sport.
- b. No school time is missed because of non school competition, practice, or any travel involved.

A violation of these standards will cause the student to be ineligible to represent the school in the sport concerned for a year and for ninety (90) school days in all other sports.

14. Transferring from one school to another because of being influenced by any person to do so will make the student ineligible for one (1) full year.

15. A student shall not attend a specialized athletic camp for more than two (2) weeks in any one (1) sport. However, the student may attend a camp in any other sport for two (2) weeks each also.
16. The student will not commit an act that might be interpreted as unsportsmanlike conduct while playing or attending a high school activity.
17. Any student who (1) is arrested for, charged with, and/or issued an indictment or information regarding, (2) pleads guilty to, (3) is convicted of, (4) receives probation for, or (5) receives a suspended imposition of sentence for any violation or alleged violation of federal, state or local law (regardless of whether the matter is pending in a local court, the juvenile justice system or the adult justice system) shall, within twenty-four (24) hours of the action, notify the Athletic Director or Principal. Failure to provide such notification within the stated timeframe will result in the student's removal from the respective team. In addition, each student should note that by failing to provide this information, he/she is possibly jeopardizing his/her respective team's season and may cause the team to be placed on probation.
18. Any student participating in extracurricular activities is automatically eligible for drug testing under the Keytesville R-III Random Drug Sampling Policy (all participants are required to sign a Random Sampling Drug Policy Form if they are participating in Extra-curricular activities).

Knowing and abiding by these standards will protect eligibility for participation in high school athletics. Each student must meet the requirements of all standards in order to be eligible. No one standard is more important than any other. Whenever the student is in doubt about matters of eligibility, he/she should always consult the school principal or the Missouri State High School Activities Association Office at P.O. Box 1328, Columbia, MO 65205-1328. Both want to help each student protect his/her eligibility and receive any benefits that school athletics may offer.

MSHSAA Regulations and Bylaws

The Keytesville R-III Schools will also observe all MSHSAA Regulations and Bylaws in regards to heat, CPR/AED regulations, and concussion concerns. For specifics on these regulations and Bylaws, please see the MSHSAA website at www.mshsaa.org

PART 3

STANDARDS OF ELIGIBILITY FOR ATHLETICS IN THE CENTRAL ACTIVITIES CONFERENCE (CLAA)

CITIZENSHIP STANDARDS

Any student who represents his/her school in interscholastic activities must be a creditable citizen and judged so by the proper school authority certifying the list of students for competition. A student whose character or conduct is such as to reflect discredit upon his/her school or himself/herself is not considered a creditable citizen. His/Her conduct shall be satisfactorily in accord with the standards of good school discipline, and any student who withdraws from school because of disciplinary measures shall be ineligible for any interscholastic activity for one (1) full year from the date of withdrawal.

STANDARDS TO BE MET BY STUDENTS

As interscholastic and extracurricular activities are voluntary programs, a student is not obligated to participate; participation is a privilege and not a right. Because of this, it is necessary for each student to meet minimum standards of eligibility in order to represent Keytesville R-III High School. The standards that are established will only be the minimum--each group or organization may establish standards that exceed these minimum standards.

ACADEMIC STANDARDS

No student will participate in any extracurricular activity if he or she has an F unless the total grade average is a C- or better. Any student receiving two or more F's will not be allowed to participate no matter what the grade average. This suspension from activities shall last until the next grading period, at which time the grades for that period will be used to establish eligibility.

A student in grades 9-12 must be enrolled in at least three courses that meet daily and offer a total of one and one half (1 1/2) credit units, which are evaluated at the end of each grading period to ensure that the student meets the standards. For eligibility purposes a semester shall be defined as 90 school days in session, including legal holidays and teachers' meetings, beginning with the opening day of school. If a school has more than 180 days in a school year, a semester shall consist of one half (1/2) of the days the school is in session.

Absenteeism Limit - Each extra-curricular activity shall be responsible for establishing minimum standards in this area. These standards will be reported to the Principal's Office.

PART 4

KEYTESVILLE JUNIOR/SENIOR HIGH ATHLETIC GUIDELINES/PEP CLUB GUIDELINES

The purpose of these guidelines is to help the student become familiar with the athletic program at Keytesville R-III School District. The district believes that each student who understands this philosophy and who tries to attain these objectives will understand why the school has an interscholastic athletic program and will derive much educational benefit from his/her experiences in it.

The specific objectives of the KHS program are to help a KHS student:

1. Have an understanding of why the school offers a program of interscholastic athletics.
2. Have knowledge of the values inherent in these objectives that athletics have for the individual and for society.
3. Have a comprehension of the standards of eligibility, including the concept that to enjoy the privilege of representing the school and its student body, a student must meet the standards of eligibility.
4. Have knowledge that the rules of the game are essential to playing the game and being intelligent fans.
5. Have the ability to think both as an individual and as a member of a group.
6. Improved skills.
7. Develop better health and physical fitness.
8. Have an appreciation of wholesome recreation and entertainment.
9. Have a desire to succeed and to excel.
10. Develop higher moral and ethical standards.

11. Develop self-discipline and emotional maturity.
12. Have an understanding of the values of conforming to rules.
13. Have respect for the rights of others and for authority.
14. Have high ideals of fairness in all human relationships.
15. Have pride in himself/herself, the school and community.

COACHING RULES

Each coach may have rules separate from those outlined in these guidelines. These rules have been reviewed and approved by the Board of Education. Each athlete is responsible for abiding by these rules. Coaches and athletic director have the authority to take additional action on any discipline or academic concern in addition to or instead of action taken by administration.

TRAINING RULES

All rules and regulations apply to both female and male athletes. During the season of basketball, each athlete will dress appropriately the day of the game--to be determined by each coach.

Training rules are not formulated to punish any individual. Instead, they act as a guideline so that athletes may keep their bodies in good physical condition throughout the season.

ALCOHOL, DRUGS, & TOBACCO

Alcohol, drugs, and tobacco – These will not be tolerated regardless of where or when. There is absolutely no reason for a student representing the school to be involved with these. If observed by an administrator, supervising activity sponsor, or legal authority, of being in possession of or under the influence of any of the above, the following will result:

- 1st offense: 2 weeks suspension from games plus extra conditioning;
- 2nd offense: suspended for the remainder of the academic school year from extra curricular activities;
- 3rd offense: 365-day suspension from extracurricular activities at Keytesville R-III School District. Offenses will be accumulated beginning in grade seven.
- (If a random drug sample is failed, the student will fall under the random sampling policy guidelines).

PHYSICAL EXAMINATION

Each athlete must have a physical examination form completed by a physician of osteopath or medical doctor certifying that he/she is fit for that sport. If he/she is fit for all three sports, (baseball/softball, basketball, track) then one physical examination form is all that will be necessary for the entire year. **This examination must be in the possession of the coach before the athlete is allowed to practice or play in a game.**

BUS RULES

1. Males and females will be seated separately on the bus.
2. If a student rides to the activity on the bus, he/she will ride home on the bus (unless the athlete has returned the required form that states who the athlete may ride with from games). In the case of an emergency the coaching staff and/or administrator will deem acceptable arrangements at the event.
3. All team members and cheerleaders will ride the bus to the event unless prior approval from the administration has been obtained.
4. When the weather is inclement, participants should come a little earlier than usual to board the bus.

5. Students will park in the front parking lot and not behind the school, as the bus will be loading at the front entrance.

KHS Pep Club Guidelines

1. A student wishing to participate in Pep Club must maintain the same academic requirements as someone playing sports.
2. Members must sit together during the entire game.
3. Each member will always stand, remove his hat, and remain silent during the Star Spangled Banner and Pledge of Allegiance.
4. Each member will respect the officials and players. There will be no yelling or booing at the other team or officials and especially not the Keytesville players. A Pep Club member is to support the team so will do so.
5. As a Pep Club member each member is to cheer with the cheerleaders and clap or sing the school song along with the cheerleaders.
6. As a Pep Club member the following is NOT allowed: drinking, drug use, theft, fighting, and tobacco use of any kind during school hours or at games.

PARTICIPATION IN ATHLETICS AFTER ABSENCE FROM SCHOOL

A student must be in attendance for at least four class periods to participate in or attend a school activity that day. Exception to this policy will be those students that have an appointment with a doctor or dentist, a death in the family, or some other item for which the appointment cannot be scheduled at any other time. Work will not be an exception. The principal must be personally advised in advance of these appointments for tentative prior approval. A student must be in attendance for four (4) hours on Friday to participate in a Saturday activity.

A student spending any time out of class for any discipline reasons will not be allowed to participate or practice in extra-curricular activities or a game that evening. This will include academic reassignment.

INSURANCE

Each athlete must be covered for injury by health and medical insurance through an appropriate insurance agency. **An insurance release form must be signed and returned to the school before the athlete is allowed to participate in the activity.** These forms will be distributed prior to the sports season.

LETTERING REQUIREMENTS

If an athlete is permanently suspended from a squad for breaking any of the training rules, he/she will not receive his/her varsity letter in that sport. The athlete will not receive his/her letter if he/she quits the squad regardless of points or quarters earned.

If the athlete is forced to stop participation due to doctor's orders or an injury, he/she may letter if he/she has the proper quarters, innings, or points, and has successfully abided by the training rules. If a student athlete is unable to participate due to injury, lettering requirements will be established by each activities specific coach and communicated to both athletes and parents via a face-to-face meeting and a provided physical document of criteria.

. He/she will also need to be in good standing with the school.

- Baseball, Softball: Be a member in good standing of the team for the season
- Basketball: Be a member in good standing of the team for the season

Cheerleading: Cheer for half (1/2) the varsity season.
Track: Be a member in good standing of the team for the season

An athlete receiving a letter for the first time will receive a letter "K", a gold bar, and a gold insignia of that sport. For each successive year of lettering in a sport, the student will receive a bar for each year. If the student has lettered in one (1) sport and letters for the first time in a different sport, he/she will receive a gold bar and a gold insignia for that sport. These recognitions will be presented at the appropriate awards ceremony only.

LETTER PURCHASING AND AWARDS DISTRICT AND BEYOND

The school district will purchase letters for any organization that wishes to award them and continue to purchase patches for students to wear on their letter jackets for a win at district level (or beyond) or selection to a district team. The school district will purchase a plaque that can be displayed either in the classroom of the activity or another appropriate place in the building (to be determined by the administration and the sponsor of the activity). The plaque shall be of similar size as those already on display. When the organization wins state competition, a sign will be purchased for display along Highway 5 similar to those already on display. All awards must be initiated by administration or the activities sponsor. All award purchases must be pre-authorized by administration, no other purchases or orders will be honored by the district.

LOCKER ROOMS

Locker rooms are provided as a place for each athlete to store his/her sports attire/equipment. Locker rooms should be kept neat and clean.

Each athlete is responsible for the security of his/her own valuables. Student/athletes attending extra curricular events shall not be permitted to operate cellular or other devices in restrooms, locker rooms, and changing areas. When entering restrooms, locker rooms, and changing areas student/athletes' devices should be off and stored in a locker, sports bag or backpack. If a student/athlete chooses to bring a cell phone/electronic device to extra-curricular events, please note the Keytesville R-III School District and participating schools are not liable for missing or stolen property.

Each athlete should be aware that his/her behavior in the locker room is as important as his/her behavior on the court. Inappropriate language, gestures, and behavior will be dealt with according to the district's discipline policy.

GAME BEHAVIOR

Each player will accept the official's' judgment at all times. No profanity or unsportsmanlike conduct will be tolerated.

Each athlete is expected to represent the district in a positive and sportsmanlike manner. In the sport of basketball and cheerleading/mascot technical fouls will not be tolerated. In the sports of baseball, basketball, softball, track and cheerleading/mascot, unsportsmanlike conduct (i.e.: arguing with umpires, inappropriate language, etc.) will not be tolerated. The guidelines regarding these offenses are as follows:

- 1st technical/offense - The athlete will not be allowed to dress out or participate in the next contest.
- 2nd technical/offense - The athlete will not be allowed to dress out or participate in the next 4 contests.
- 3rd technical/offense - The athlete will not be allowed to participate in the sport for the

remainder of the season. The athlete will not attend practices, sit on the bench during games, or attend banquets.

Consequences will accumulate during the school year from season to season. Consequences will carry over to the next school year if necessary. Accumulation of consequences will begin new every school year.

CONCLUSION

The quality of the athletic program of the Keytesville Tigers can be only as good as its athletes. It takes each and every capable student to participate in the sports program to reach the top of the Central Activities Conference. This can be achieved, but each athlete must want to be a winner and be willing to work for it.

If the athlete has any problems or questions, he/she should feel free to talk to his/her coach with all conversations being kept as confidential as possible. A conversation may need to be discussed with the athletic director, principal, superintendent and/or Board of Education.

PART 5

Keytesville Varsity Sideline & Competition Cheerleading Constitution

INTRODUCTION

Cheerleading exists to promote and uphold school spirit, unity and pride. Cheerleaders and Mascots are ambassadors for their school and are expected to follow standards. Being selected, as a cheerleader or mascot is a privilege and honor, which carries with it many responsibilities.

MEMBERSHIP AND TRYOUTS

- Tryouts for Varsity Sideline and Varsity Competition cheerleaders will normally be held each spring, but may additionally be conducted at other times at the discretion of the coach(s) with administration approval.
- Candidates will be from the 8th, 9th, 10th, and 11th grades for the following season.
- All candidates will be required to have signed permission slip from your parents/guardians in order to tryout. These slips must be turned in to the coach before tryout practices begin.
- The format of the tryouts will be decided by the coach(s), and will be held in a fair and open manner conducive to allowing each candidate to show his/her best abilities and potential.
- Cheerleaders must have basic health insurance coverage and provide proof of such to the coach prior to participation. (Insurance purchased at the school is acceptable.)
- Each cheerleader must have a yearly physical stating that he/she is physically able to participate in cheerleading activities.
- Cheerleaders will be expected to meet all expenses, which may include: camp, competition costs, shoes, socks, bloomers, mock, warm-ups and team shirt during the cheering season.
- The Competition cheering season is from after tryouts through the Varsity basketball season, normally mid-March. Keep in mind this is an 11 month commitment as you are required to also be a sideline cheerleader.
- The Sideline Cheerleaders season is from early/mid November through out the Varsity basketball season, normally mid-March. You do not have to be a Competition Cheerleader to be a Sideline Cheerleader.

- Cheerleaders and their parents/guardians will be required to sign the KHS Athletic Handbook and this Constitution prior to participation in the tryout process. (Keep in mind you may have to re-sign this at the beginning of the school year due to possible changes in the Athletic Handbook or school policies.)
- Cheerleading, both Competition and Sideline will adhere to the KHS Student Handbook and the KHS Athletic Handbook guidelines regarding academic standards.

CO-CAPTAINS

- Co-captains for the Competition and Sideline seasons will be the cheerleader or cheerleaders whom have the most Keytesville Varsity cheerleading experience.
- Depending on the number of co-captains duties may be split or handled on a rotation base, which will be at the coach's discretion.
- Duties and responsibilities include:
 - Set an example for the rest of the squad.
 - Help organize pep assemblies and other cheerleading activities.
 - To act as hostess for home games in welcoming visiting cheerleaders.
 - Begin and end cheers at all cheering events.
 - Keep squad in proper formation during cheering events.
 - Act as a peacemaker.
 - Show no partiality within the squad.
 - Report any problems within the squad to the coach(s).

RULES AND RESPONSIBILITIES

- Cheerleaders must be respectful to administration, coach(s), each other and the crowd.
- Each cheerleader is required to attend all scheduled practices. Excused absences must be due to illness, doctor's appointments, death in the family, or some other item, which the coach has deemed appropriate. Repeated excuses of having to work will not be accepted.
- If a cheerleader is to be tardy for a practice, she/he must notify the coach before practice.
- Summer practices will be scheduled at the discretion of the coaches and all competition squad members will be required to attend. Practices will be arranged around everyone's work schedule as much as possible thus could be held early morning or late night. Expect practices to be at least twice a week during the summer months and possibly as much as 5 times a week during the four weeks prior to the competitions. Regional competition is usually around the first Thursday in August and State Competition is normally the weekend prior to Thanksgiving.
- Cheerleaders must provide transportation to and from school for practices and games.
- Adhere to the KHS Student Handbook and the KHS Athletic Handbook regarding school attendance and school activities.
- Cheer at all scheduled home and away games during the Varsity basketball season. If you are also on a basketball team then you would cheer at all of the games you are not participating in. (Competition and Sideline)
- Cheer at both regional and state competitions (if qualified) held by the Missouri Cheerleading Coaches Association. Possibly other competitions if elected by the squad.
- Help organize and participate in pep assemblies, Spirit Week including the Courtwarming dance, and cheerleader's hospitality room during the Keytesville tournament.
- Participate in any fundraising activities. This is to help defray some of the expenses you may have during the upcoming season.

- Cheerleaders will ride the bus provided by KHS to the place of the events and must have a parent/guardian sign them out if they are not riding the bus on the return trip.
- Cheerleaders may not eat, drink, or chew gum during a practice or game except at appropriate breaks.
- No cell phones during practices, or games.
- Cheerleaders must be at school and ready to cheer 15 minutes before the start of home games.
- Cheerleaders need to be ready to take the floor 1 minute before the start of the games.
- Cheerleaders will not be allowed to leave during the games except in extreme emergencies.
- Cheerleaders should not display behaviors that would look badly upon the squad. Those including but not limited to: smoking, drinking, drug use, improper language, improper gestures, or public displays of affection (sitting on laps, kissing, hanging all over each other, etc...)

UNIFORMS AND APPEARANCE

- Uniforms are the property of the school and will be returned at the end of the season. (School uniform - skirt & shell)
- Once you are given a uniform (including mascot) it is your responsibility and any damage to the uniform will be at the cheerleader's expense.
- Uniforms may not be alternated in any way without the approval of the coach.
- Cheerleaders will be required to purchase their own bloomers, socks, shoes, and mocks. (This is where fundraising comes in)
- Cheer shoes are not to be worn as casual shoes and should only be worn for practices and cheering events.
- Only the squad members are allowed to wear the uniforms unless prior approval from the coach(s).
- NO JEWELRY is to be worn while in uniform. (MSHSAA Ruling)
- Coach(s) will not be held responsible for any lost jewelry at practices or games.
- All tattoos must be covered while in uniform.
- Nails must be kept at a short length.
- Hair will be worn in a manner to insure safety while performing, thus if stunting it will be pulled up off the shoulders and securely fastened. (MSHSAA ruling)

SUSPENSION/DISMISSAL

- The cheerleading coach(s) shall have the authority to suspend or dismiss any member for any of the following reasons:
 - Failure to perform duties.
 - Unsportsmanlike behavior.
 - Uncooperative attitude.
 - Repeated failure to adhere to this constitution.
 - Failure to attend scheduled practices or events without proper excuse and prior notification.
 - Smoking while in or out of uniform.
 - Drinking in or out of uniform.
 - Any act or deed that harms the reputation of the school.
 - Violation of the standards and regulations of the school.

- Out of school suspension is an automatic dismissal.
- Arrest is an automatic dismissal.

Athletics Contract

Form 2920

Activities and Athletics

Acknowledgement of Activity Rules and Guidelines

Keytesville R-III Schools

Activity _____

Coach/Sponsor _____

School Rules and Guidelines Associated with This Activity

I have read and understand the Keytesville Athletic Handbook. I will abide by the guidelines established in this manual and those set down by the Missouri State High School Activities Association and The Keytesville School District.

District Guidelines for Student Activities

Participation in district-sponsored activities and on district athletic teams is a privilege and not a legally protected right. Although students do not possess a legally protected right to participate in extracurricular activities, the district provides students suspended from participation with an informal opportunity to discuss the basis for their suspension.

Hazing Prohibited

I agree that I will refrain from participating in any student hazing activities as a participant or as an observer. I further understand that violation of the District's hazing policy may result in suspension or expulsion from school and suspension or expulsion from participation in all activities.

Student and Parent Acknowledgement of the Above Rules and Guidelines

I acknowledge that violation of any of the above rules and guidelines for this activity may result in suspension or permanent removal from this activity or all extracurricular activities depending upon the nature of the violation. I further agree that subject to an opportunity to present the student's version of the alleged violation, the decision of the Superintendent/designee concerning suspension and duration of suspension is final.

Student Signature

Parent/Guardian Signature

Date

Date